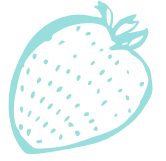




7

7 MILE KITCHEN



COFFEE | GELATO | PICK-UP

ALL DAY BREAKFAST | AVAILABLE FROM 6AM TO 2PM

EGGS

OG SCRAMBLE Ham, bacon, egg, cheddar cheese, scallion, seasoned potatoes 21

CARLSBAD SCRAMBLE Egg whites, asparagus, bell peppers, goat cheese, basil pesto 22

7 MILE BREAKFAST Two eggs, bacon, sausage, 7 Mile potatoes, toast 22

HUEVOS RANCHEROS Corn tortilla, black beans, salsa ranchero, queso mexicana, pico de gallo 25

CARLSBAD COMFORTS

SOCAL BREAKFAST SANDWICH Eggs, turkey pastrami, avocado, white cheddar, tomato, bun 20

LOX & BAGEL Dill cream cheese, pickled onion, capers, cucumber, lemon 20

7 MILE AVOCADO TOAST Avocado, kale, watermelon radish, poached egg, esplette, reggiano 17

BREAKFAST TACOS Corn tortillas, eggs, cheddar, bacon, sour cream, pico de gallo 21

BREAKFAST BURRITO Chorizo, egg, black bean, pico de gallo, avocado, tater tots 23

CALIFORNIA CONTINENTAL Fresh fruit, yogurt, hard boiled egg, croissant, sliced meat & cheese | choice of coffee, tea, juice 21

SWEETS



BUTTERMILK PANCAKES Maple syrup 16

CHUNKY MONKEY PANCAKES Bananas, chocolate, maple syrup 19

STRAWBERRY SHORTCAKE WAFFLE Carlsbad strawberries, vanilla cream, mint, maple syrup 18

STUFFED DOUGHNUTS Dusted with cinnamon sugar 8

LIGHTER FARE



GREEK YOGURT PARFAIT Regular or low fat 12

HARVEST FRUIT PLATE Seasonal fresh fruit 12

APPLE CINNAMON PORRIDGE Whole grains, apples, chia, cinnamon, vanilla, toasted almonds 14

PROTEIN BOWL Quinoa, avocado, kale, almonds, lemon vinaigrette, basil, feta, poached egg 21



ADDITIONS

CAGE FREE EGG	7	TOAST	5	CHOCOLATE CROISSANT	8
PORK SAUSAGE	9	BOWL OF BERRIES	10	MILK + CEREAL	7
APPLEWOOD BACON	9	BAGEL + CREAM CHEESE	8	frosted flakes, apple jacks, mini wheats, raisin bran, lucky charms	
CHICKEN APPLE SAUSAGE	10	BLUEBERRY MUFFIN	7		
SINGLE PANCAKE	9	CROISSANT	7		

A Suggested 18% gratuity will be added to parties of 8 or more. Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your server if you have special dietary requirements.

5420 GRAND PACIFIC DR. CARLSBAD CA 92008 | 7MILEKITCHEN.COM | 7608272514



7

MILE KITCHEN



COFFEE | GELATO | PICK-UP

ALL DAY MENU | AVAILABLE FROM 10:30AM TO 5PM

STARTERS

7 MILE CAESAR

Romaine, tomatoes, reggiano, house made dressing, croutons 14

HERBED PARMESAN BREADSTICKS

Fresh baked, herbed parmesan, spicy marinara 12

BASIL PESTO HUMMUS VG

Farmstand vegetables, toasted flatbread, evoo 14

CRISPY FRIED WINGS

Choice of buffalo, bbq, honey chipotle, or house dry rub, served with ranch 14

MAIN ENTREES

CLASSIC BACON CHEESEBURGER

Half pound custom blend patty, thick cut bacon, white cheddar, lettuce, tomato, onion, pickle, house sauce, amish bun 24

Veggie patty available upon request

GRILLED CHICKEN SANDWICH

Grilled chicken breast, bacon, lettuce, tomato, onion, pickles, house sauce, white cheddar cheese 24

BLAT

Thick cut bacon, lettuce, tomato, avocado, mayo, sourdough 20

TURKEY PASTRAMI

Chipotle lime slaw, pepperjack, toasted rye 24

RIGATONI POMODORO VG

San Marzanos, broccolini, red pepper, basil 28

SIGNATURE PIZZAS

PONTO PEPPERONI

Pepperoni, mozzarella, reggiano, tomato basil sauce 22

MARGHERITA

San Marzano tomato, fresh mozzarella, basil, evoo 20

SWEET & SPICY SAUSAGE

Fennel sausage, caramelized onion, mozzarella, fresno chilies, San Marzano tomato 25

BBQ CHICKEN PIZZA

Grilled chicken breast, bbq glaze, red onion, mozzarella, smoked gouda, cilantro, chipotle honey 25



A Suggested 18% gratuity will be added to parties of 8 or more. Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your server if you have special dietary requirements.

5420 GRAND PACIFIC DR. CARLSBAD CA 92008 | 7MILEKITCHEN.COM | 7608272514