

ILE KITCHEN

20

21

24



25

22

17

21

23

COFFEE | GELATO | PICK-UP

EGGS

SO CAL FRITTATA	
-----------------	--

egg whites, tomato, broccolini, potato, feta, kale, avocado

OG SCRAMBLE

ham, bacon, egg, cheddar cheese, scallion, seasoned potatoes

PARISIAN OMELET

gruyere, mushrooms, spinach, caramelized onions

HUEVOS RANCHEROS

corn tortilla, black beans, salsa ranchero, queso mexicana, pico de gallo

CARLSBAD SCRAMBLE

egg whites, asparagus, bell peppers, goat cheese, basil pesto

CARLSBAD SAVORY COMFORTS

STEAK & EGG SANDWICH

egg, salsa ranchero, arugula, roasted tomato, sour cream

LOX & BAGEL

dill cream cheese, pickled onion, capers, cucumber, lemon

CHERRY SMOKED SALMON TOAST

egg, avocado, dill, cherry tomato, shallot, arugula

7 MILE AVOCADO TOAST

avocado, kale, watermelon radish, poached egg, esplette, reggiano

BREAKFAST TACOS

corn tortillas, eggs, cheddar, bacon, sour cream, pico de gallo

BREAKFAST BURRITO

chorizo, egg, black bean, pico de gallo, avocado, tater tots



19

8

12

12

21

20

BUTTERMILK PANCAKES

maple syrup

CHUNKY MONKEY PANCAKES

bananas, chocolate, maple syrup

STRAWBERRY SHORTCAKE WAFFLE

Carlsbad strawberries, vanilla cream, mint, maple syrup

STUFFED DOUGHNUTS

dusted with cinnamon sugar

LIGHTER FARE

GREEK YOGURT PARFAIT

regular or low fat

HARVEST FRUIT PLATE

APPLE CINNAMON PORRIDGE

whole grains, apples, chia, cinnamon, vanilla, toasted

almonds

PROTEIN BOWL

quinoa, avocado, kale, almonds, lemon vinaigrette, basil, feta, poached egg

ADDITIONS

CAGE FREE EGG 7 **PORK SAUSAGE APPLEWOOD BACON CHICKEN APPLE SAUSAGE** 10 **SINGLE PANCAKE** 9 **TOAST** 5 **BOWL OF BERRIES** 10 **BAGEL + CREAM CHEESE** 8 **BLUEBERRY MUFFIN** 7 **CROISSANT CHOCOLATE CROISSANT** MILK + CEREAL frosted flakes, apple jacks, mini wheats, raisin bran, lucky charms

7 MILE BREAKFAST

22

21

two eggs, bacon, sausage, 7 Mile potatoes, toast

CALIFORNIA CONTINENTAL

fresh fruit, yogurt, hard boiled egg, croissant, butter/jam, sliced meat & cheese coffee, tea, juice

A Suggested 18% gratuity will be added to parties of 8 or more. Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your server if you have special dietary requirements.