

7 MILE
KITCHEN

LUNCH SERVED 12:00PM-4:30PM

5420 GRAND PACIFIC DRIVE CARLSBAD, CA | WWW.7MILEKITCHEN.COM | 760.827.2514

STARTERS

HOUSE BBQ CHIPS & BACON ONION DIP GF | 9

HUMMUS & FLATBREAD CRUDITE VG | 13

FRITTO MISTO | 22

SPICED CALAMARI & SHRIMP | HARISSA TOMATO SAUCE

CAPER REMOULADE

SMOKED WINGS | 18

BUFFALO SAUCE OR RANCH | CRUDITE

FENNEL SAUSAGE MEATBALLS | 18

SAN MARZANO TOMATO | MOZZARELLA | REGGIANO

GREMOLATA

FRESH SALADS

ADD CHICKEN GF | 8 ADD SHRIMP GF | 10

7 MILE CAESAR | 14

ROMAINE | CRUSHED CROUTON | TOMATO | REGGIANO

HOUSE CAESAR DRESSING

HARVEST SALAD VG | 18

SEASONAL GREENS & CITRUS | PEPITAS

GOLDEN BALSAMIC VINAIGRETTE

BURGERS & SANDWICHES

SERVED WITH CRISPY FRIES

ADD ON REQUEST \$3

BACON | AVOCADO | FRIED EGG

O.G. BURGER | 20

½ POUND PATTY BLEND—SHORT RIB, BRISKET & CHUCK | LETTUCE

TOMATO | ONION | PICKLE | WHITE CHEDDAR | HOUSE SAUCE

TOASTED BUN

PASTRAMI BURGER | 23

½ POUND PATTY BLEND—SHORT RIB, BRISKET & CHUCK SHAVED

PASTRAMI | TOMATO | ONION | SWISS | PICKLE

CARAMELIZED ONIONS | HOUSE SAUCE

VG BURGER VG | 20

IMPOSSIBLE BURGER PATTY | LETTUCE | VINE RIPE TOMATO |

ARUGULA | RED ONION | ROMESCO | MULTIGRAIN BUN

BLAT SANDWICH | 22

THICK-CUT BACON | LETTUCE | AVOCADO | TOMATO | AOILI

GRILLED SOURDOUGH

CHICKEN CAPRESE SANDWICH | 20

ARUGULA | TOMATO | MOZZARELLA | BALSAMIC | BASIL

GRILLED SOURDOUGH

SPECIALTY PLATES

GRILLED NY STEAK 10oz GF | 48

GARLIC PARMESAN FRIES | CHIMICHURRI

IPA BATTERED FISH & CHIPS | 22

HADDOCK | CRISPY FRIES | CAPER REMOULADE | LEMON

PAPPARDELLE | BOLOGNESE | 28

DESSERTS | 10

CHEESECAKE BRÛLÉE V

SEASONAL BERRIES | SEA SALT

PECAN FUDGE BROWNIE V

SERVED WARM WITH SEASONAL GELATO

GELATO V

LOCAL & SEASONAL



DIETARY KEY

VG = VEGAN V = VEGETARIAN GF = GLUTEN FREE

A suggested 18% gratuity will be added to parties of 8 or more.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.