



BREAKFAST MENU

5420 GRAND PACIFIC DRIVE CARLSBAD, CA | WWW.7MILEKITCHEN.COM | 760.827.2514 6:30AM-10:30AM DAILY

BAKED DAILY JUMBO BLUEBERRY MUFFIN V | 8 JUMBO BANANA NUT MUFFIN V | 8 CROISSANT V | 7

BAGEL & CREAM CHEESE V | 8

HEALTH & WELLNESS

GREEK YOGURT & BERRIES | 12 Harvest fruit Bowl VG | 12

MILK & CEREAL V | 10 Daily selection of cereal | whole, almond or soy milk

TOAST

LOX OPEN FACE | 20 Toasted Bagel | Cream Cheese | Red Onion Capers | Tomato | Lemon

AVOCADO SOURDOUGH VG | 16 XVOO | CRUSHED LEMON BASIL AVOCADO POACHED EGG | REGGIANO

HAM & CHEDDAR SCRAMBLE MELT | 18 Shaved black forest ham | white cheddar Egg | tomato | house aioli | sourdough bread

MORNING COMFORT SERVED WITH MAPLE SYRUP & BUTTER

BUTTERMILK PANCAKES (2) | 15

BLUEBERRY PANCAKES (3) | 18 Whipped cream

CHUNKY MONKEY PANCAKES (3) | 18 Banana | Chocolate

STRAWBERRY SHORTCAKE WAFFLE | 18 Local strawberries | vanilla cream

SAVORY

CORNED BEEF HASH GF | 22 Shaved Corned Beef | Country Hash | 2 farm fried Eggs

SWEET POTATO VEGAN QUINOA HASH VG, GF | 19 Mushroom | Savoy Spinach | Avocado | Almond Romesco

COASTAL AMERICAN GF | 20 Choice 2 Eggs | bacon or sausage | 7 mile seasoned potatoes

O.G. SCRAMBLE GF | 20 CAGE FREE EGGS | SMOKED HAM | BACON | CHEDDAR SCALLION 7 MILE SEASONED POTATOES

SOCAL SCRAMBLE V, GF | 20 Savoy Spinach | Mozzarella | Tomato | Crushed Avocado

BAJA SCRAMBLE GF | 20 Roasted Jalapeño | tomato | cilantro | chorizo | avocado White Cheddar

MARRIOTT BONVOY CONTINENTAL BREAKFAST \$18 STEEL CUT OATS V GOLDEN RAISINS | BROWN SUGAR FRESH FRUIT & BERRIES CHOICE OF TOAST | BAGEL | CROISSANT

DIETARY KEY VG = VEGAN V = VEGETARIAN GF = GLUTEN FREE

ADDITIONS

CAGE FREE EGG (2) | 7 PORK SAUSAGE | 9 APPLEWOOD SMOKED BACON | 9 CHICKEN APPLE SAUSAGE | 10 PANCAKE | 8 TOAST | 5 AVOCADO HALF | 5 **BERRIES** | 10 LOWFAT YOGURT | 8 BEVERAGES CAPPUCCINO | 8 LATTE | 8 ESPRESSO | 5 7 MILE MOCHA | 8 ORANGE JUICE | 7 **GRAPEFRUIT JUICE** | 7 FRESH BREWED COFFEE | 6 **BOTTOMLESS DECAF OR REGULAR** HOT TEA | 5

MORNING SPIKE MUST BE 21 AND OVER TO ORDER

IRISH COFFEE | 15 Spanish Coffee | 15 Mimosas | 13 Bloody Mary | 15

A suggested 18% gratuity will be added to parties of 8 or more. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.