

GRAB & GO MENU | SERVED DAILY 7:00AM - 9:00PM

5420 GRAND PACIFIC DRIVE CARLSBAD, CA | WWW.7MILEKITCHEN.COM | 760.827.2514

BREAKFAST

LITE BITES

GREEK YOGURT V | 8
HARVEST FRUIT CUP VG | 11
MILK & CEREAL V, VG | 8
OATMEAL VG | 10
PROTEIN PACK | 10

BAKED DAILY

JUMBO GLAZED CINNAMON ROLL | 8
JUMBO BLUEBERRY MUFFIN | 6
CROISSANT | 5
BAGEL & CREAM CHEESE | 5
QUICHE LORRAINE | 15
VEGGIE QUICHE | 15

BONVOYCONTINENTAL BREAKFAST \$18

STEEL CUT OATS VG
FRESH FRUIT & BERRIES
CHOICE OF TOAST | BAGEL | CROISSANT
COFFEE | CHOICE OF JUICE

SANDWICHES

BACON SANDWICH | 12 TURKEY SANDWICH | 12 PESTO PROVOLONE | 12

LUNCH + DINNER

STARTERS

HUMMUS & FLATBREAT CRUDITE | 12

FRESH SALADS

CAESAR SALAD | 12 Harvest Salad | 12

DELI SANDWICHES

TURKEY CHEDDAR SOURDOUGH | 14 VEGGIE HUMMUS MULTIGRAIN | 14

DESSERTS

HOUSE BAKED COOKIE | 4
WALNUT FUDGE BROWNIE | 5
GELATO | 8
S'MORES KIT | 12