



BREAKFAST MENU | DAILY 7:00AM - 10:30AM

5420 GRAND PACIFIC DRIVE CARLSBAD, CA | WWW.7MILEKITCHEN.COM | 760.827.2514

BAKED DAILY

- JUMBO BLUEBERRY MUFFIN VG | 8
- JUMBO BANANA NUT MUFFIN VG | 8
- CROISSANT VG | 7
- BAGEL & CREAM CHEESE VG | 7

HEALTH & WELLNESS

- GREEK YOGURT | 8
- HARVEST FRUIT BOWL VG | 12
- MILK & CEREAL VG | 10
- DAILY SELECTION OF CEREAL | WHOLE, ALMOND OR SOY MILK

TOAST

- LOX OPEN FACE | 18
- TOASTED BAGEL | CREAM CHEESE | RED ONION CAPERS | TOMATO | LEMON
- AVOCADO SOURDOUGH VG | 12
- XVOO | CRUSHED LEMON BASIL AVOCADO POACHED EGG | REGGIANO
- HAM & CHEDDAR SCRAMBLE MELT | 18
- SHAVED BLACK FOREST HAM | WHITE CHEDDAR EGG | TOMATO | HOUSE AIOLI | SOURDOUGH BREAD

MORNING COMFORT

- SERVED WITH MAPLE SYRUP & BUTTER
- BUTTERMILK PANCAKES (2) VG | 12
- BLUEBERRY PANCAKES (3) VG | 18
- WHIPPED CREAM
- CHUNKY MONKEY PANCAKES (3) VG | 18
- BANANA | CHOCOLATE | COCONUT
- STRAWBERRY SHORTCAKE WAFFLE VG | 18
- LOCAL STRAWBERRIES | VANILLA CREAM

SAVORY

- CORNED BEEF HASH GF | 18
- SHAVED CORNED BEEF | COUNTRY HASH | 2 FARM FRIED EGGS
- SWEET POTATO VEGAN QUINOA HASH VG, GF | 18
- MUSHROOM | SAVOY SPINACH | AVOCADO | ALMOND ROMESCO
- COASTAL AMERICAN GF | 17
- CHOICE 2 EGGS | BACON OR SAUSAGE | 7 MILE SEASONED POTATOES
- O.G. SCRAMBLE GF | 18
- CAGE FREE EGGS | SMOKED HAM | BACON | CHEDDAR SCALLION 7 MILE SEASONED POTATOES
- SOCAL SCRAMBLE VG, GF | 18
- SAVOY SPINACH | MOZZARELLA | TOMATO | CRUSHED AVOCADO
- BAJA SCRAMBLE GF | 20
- ROASTED JALAPEÑO | TOMATO | CILANTRO | CHORIZO | AVOCADO WHITE CHEDDAR

MARRIOTT
BONVOY CONTINENTAL
BREAKFAST \$18
STEEL CUT OATS V
GOLDEN RAISINS | BROWN SUGAR
FRESH FRUIT & BERRIES
CHOICE OF TOAST | BAGEL | CROISSANT

DIETARY KEY

VG = VEGAN V = VEGETARIAN GF = GLUTEN FREE

ADDITIONS

- CAGE FREE EGG (2) GF | 5
- PORK SAUSAGE GF | 7
- APPLEWOOD SMOKED BACON GF | 8
- CHICKEN APPLE SAUSAGE GF | 8
- PANCAKE VG | 7
- TOAST VG | 4
- AVOCADO HALF VG, GF | 4
- BERRIES VG, GF | 10

BEVERAGES

- CAPPUCCINO | 6
- LATTE | 6
- ESPRESSO | 3
- 7 MILE MOCHA | 6
- ORANGE JUICE | 5
- GRAPEFRUIT JUICE | 5
- FRESH BREWED COFFEE | 5
- BOTTOMLESS DECAF OR REGULAR
- HOT TEA | 4

MORNING SPIKE

MUST BE 21 AND OVER TO ORDER

- IRISH COFFEE | 12
- MIMOSAS | 9
- BLOODY MARY | 13

*A suggested 18% gratuity will be added to parties of 8 or more.
Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.*

7 MILE MULES

MOSCOW MULE	12
RUSSIAN STANDARD PLATINUM VODKA	
CUCUMBER MULE	12
SQUARE ONE MINT CUCUMBER	
KENTUCKY MULE	12
MAKERS MARK	

SPECIALTY COCKTAIL

BLACKBERRY SMASH	14
BUFFALO TRACE BOURBON LEMON MINT BLACKBERRY	
OAXACA OLD FASHION	14
HORNITOS REPOSADO 400 CONEJOS MEZCAL ORANGE BITTERS BLACK CHERRY	
MI PALOMA	14
HORNITOS PLATA SPARKLING GRAPEFRUIT	
BLACK MANHATTAN	14
MAKERS MARK AMARO AVERNA ANGOSTURA ORANGE BITTERS	
TIKI THYME	13
DON Q RUM BITTER TRUTH FALERNUM LIME PASSION FRUIT ORANGE THYME	
STRAWBERRY GIN-GER	14
NOLET'S GIN STRAWBERRY GINGER MINT CLUB SODA	

MARGARITAS

CLASSIC CADILLAC	14
CALI FINO REPOSADO LIME AGAVE GRAND MARNIER	
HIBISCUS MARGARITA	13
CALI FINO BLANCO LIME AGAVE HIBISCUS TEA-INFUSED SYRUP	
SPICY MANGO MARGARITA	13
CALI FINO BLANCO LIME JALAPEÑO-INFUSED AGAVE	

WINE BY THE GLASS

SPARKLING WINE	
HOUSE SPARKLING	9
BENVOLIO PROSECCO	11 44
BRUT, CHANDON, CA	13 52
BRUT ROSE, CHANDON	13 52

WHITE

HOUSE CHARDONNAY	9
CHARDONNAY, NAPA CELLARS, NAPA, CA	10 40
CHARDONNAY, LOUIS JADOT, BURGUNDY	15 60
CHARDONNAY, LA CREMA, MONTEREY	13 52
PINOT GRIGIO, LUNA NUDA, ITALY	10 40
PINOT GRIS, WILLAKENZIE, OREGON	14 56
SAUVIGNON BLANC, DRY CREEK, SONOMA	11 44
RIESLING, SAINT M, GERMANY	11 44
VIIGNIER BLEND, CROSSHATCH PATINA	11 44

RED

HOUSE CABERNET SAUVIGNON	9
CABERNET SAUVIGNON, LOUIS MARTINI, CA	11 44
CABERNET SAUVIGNON, DAOU, PASO ROBLES	15 60
CABERNET FRANC, KAUTZ & KRAMER, LODI	12 48
MERLOT, ST FRANCIS, SONOMA	10 40
MALBEC, DISEÑO, ARGENTINA	11 44
PINOT NOIR, CARMEL ROAD, MONTEREY	12 48
PINOT NOIR, CAMBRIA, SANTA MARIA VALLEY	13 52
"6TH SENSE" SYRAH, MICHAEL DAVID, LODI	12 48
ZINFANDEL, IRONSTONE, LODI	12 48

ROSÉ

TOURNON "MATHILDA", AUSTRALIA	9 36
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DRAFT BEER

ROULEUR "DOMESTIQUE" BLONDE ALE	8
ALPINE DUET IPA	8
SAINT ARCHER HAZY IPA	8
MILLER LITE	8
BATTLAMAGE AMBER	8
MIKE HESS "INTO THE SUNSET" BLOOD ORANGE IPA	8
BLUE MOON	8
NEW ENGLISH IMPERIAL	8
COORS LIGHT	8
SEASONAL DRAFT (ASK YOUR SERVER)	8

WINE BY THE BOTTLE

SPARKLING WINE	
CHAMPAGNE BRUT, NICOLAS FEUILLATE	90
CHAMPAGNE BRUT, HENRIOT	110
CHAMPAGNE BRUTE, VEUVE CLIQUOT	140

WHITE

CHARDONNAY, JOSEPH PHELPS, SONOMA	72
CHARDONNAY, GRGICH HILLS, NAPA VALLEY	80
PINOT GRIS, LA CREMA, MONTEREY	52
SAUVIGNON BLANC, GROTH, NAPA VALLEY	72

RED

BLEND, LANGE TWINS "MIDNIGHT RESERVE," LODI	52
BLEND, THE PRISONER, NAPA VALLEY	80
CABERNET SAUVIGNON, LOUIS M MARTINI, SONOMA	52
CABERNET SAUVIGNON, NEWTON, NAPA VALLEY	75
CABERNET SAUVIGNON, GRGICH HILLS, NAPA VALLEY	95
MERLOT, GRGICH HILLS, NAPA VALLEY	75
PINOT NOIR, CAMBRIA JULIA'S VINEYARD, SANTA MARIA VALLEY	60
PINOT NOIR, AU BON CLIMATE, SANTA MARIA VALLEY	80
CHIANTI CLASSICO, POGGIO BONNELI, TUSCANY	75
ZINFANDEL, RAVENSWOOD BARRICIA VINEYARD, SONOMA	70

BEER

BUD BUD LIGHT	6
MILLER LITE	6
MICHELOB ULTRA	6
COOR'S LIGHT	6
BLUE MOON	6
MISSION AMBER	8
MISSION BLONDE ALE	8
HEINEKEN HEINEKEN LIGHT	7
MODELO ESPECIAL	7
PACIFICO LAGER	7
STELLA ARTOIS	7
LAGUNITAS LIL SUMPIN' ALE	8
CORONA PREMIER	7